**Crofton Kiwanis/Team Surlis**

 **10K Challenge & 5K Run**

 Saturday, JUNE 10, 2023

 8 AM start time

Circle, running in the: 10K or 5K

Shirt size: S M L XL (Sizes unisex)

Last Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

First Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

State/Zip code: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Race Day Age: \_\_\_\_\_

Gender: \_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Please review & sign the release and waiver.**

**RELEASE AND WAIVER (MUST BE SIGNED):**

I KNOW THAT RUNNING A ROAD RACE IS A

POTENTIALLY HAZARDOUS ACTIVITY. I am

medically able and properly trained to participate in

this event. I assume all risk with running in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, heat and humidity, and road conditions, with the potential for heat stroke or exhaustion, and even death. All such risks are known and appreciated by me. Having read this WAIVER and knowing

these facts and in consideration of accepting my entry, I hereby for myself, my heirs, executors, and administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Crofton Kiwanis Club, the Crofton Kiwanis Foundation, the Crofton Country Club (including the 1691 Limited Partnership and

Civic Association, all race sponsors, their representatives and successors, and the race directors from all claims and liabilities of any kind arising out of my participation in this event. I grant permission to all the foregoing to use any photograph, motion pictures, recordings or any other record of this event for any legitimate purpose. I attest that I have properly trained for this event.

**Parent or Guardian must sign for runners under 18 years of age.**

**SIGNATURE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Make Checks Payable/Send to:**

Crofton Kiwanis Foundation

PO Box 3101; Crofton, MD 21114

**Entry Fee:**

$25.00 – Child, age 7 to 14

$35.00 – Ages 15 and up.

$40.00 – Race Day

**The Kiwanis Foundation of Crofton wishes to thank you for participating in our Charity Race, helping our community and our neighbors!**

**And many thanks to our generous sponsors!**

Team Surlis: RE/MAX the Leading Edge

Crofton Go-Kart Raceway,

Chesapeake Capitol Group

Carole & John Hampton

Williams Financial

Vuong’s Martial Arts

Ledo Pizza & 424 Wine & Spirits

Blue Dolphin Seaford Bar & Grill

Solstice Kitchen & Bath

Crofton Family Dentistry

Regan, Grace & Kerley, CPAs

Wegmans & Chick-fil-A

Stuart Schmidt, Delegate

Belair Engineering & Kumon of Crofton

Edward Jones Financial & Zancan Press

Family Bike, Panoptic Eye Care, 8 Days a Week Business Solutions, Kimmotions Pilates, CamPower for All, Crofton Country Club, Gold’s Gym and more!